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The P.U.D. TM

TuggerTM and GPTM models

THIS PRODUCT IS SOLD AS A NOVELTY ONLY

Information and Disclosure Statement

PLEASE READ THE ENTIRE CONTENTS OF THIS STATEMENT BEFORE USING THIS PRODUCT. THIS PRODUCT MAY BE DANGEROUS IF <u>MISUSED</u>.

Nothing about the P.U.D.TM or the contents of this material is meant as, or should be construed to be, a medical product or medical advice. Because no two individuals are the same, you may have special needs. Any attempts at foreskin restoration, penis lengthening or the use of this product should be with the consultation and advice of a physician. The P.U.D.TM was designed as body jewelry to occasionally simulate real foreskin on a circumcised penis, or longer foreskin on an intact penis. Deliberate and/or prolonged use of this product on the penis could cause permanent expansion of the skin and give the appearance of being uncircumcised.

Fitting the P.U.D.TM to the penis

(For illustrations of these steps, please refer to the Figures Sheet on page 5)

(Figures 1-3)

Place a small amount of non-greasy, water soluble lubricant on tip of your finger and carefully apply it to the entire head of the penis, going slightly over the coronal ridge.

(Figure 4)

Carefully line up the urethral opening of the penis directly to the hole in the bottom of the concave cup of the $P.U.D.^{TM}$

(Figure 5)

Place the head of the penis into the concave cup end of the P.U.D. TM. Use one hand to hold the P.U.D. TM in place and the other to form a circle by touching the thumb and forefinger together around the shaft of the penis. <u>NOTE</u>: It's NOT necessary for the entire glans to fit into the device. Allow the glans to rest comfortably in the concave end so that no skin is pinched that could restrict circulation or cause pressure sores.

(Figures 6-7)

Roll the skin on the shaft of the penis forward over the head of the penis and onto the outer surface of the concave end of the P.U.D. TM (approximately 1/2" if possible).

(Figure 8)

Adjust the hand that is holding the P.U.D. TM to also hold the skin of the penis in place.

(Figures 9-10)

With the other hand, take approximately 10" to 12" of 1"-2" wide surgical tape (2" wide is recommended) and start taping the skin to the P.U.D. TM. Be sure one half inch of the tape is on the skin and one half inch is on the P.U.D. TM.

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(Figures 11-12)

Gently and evenly wrap the tape around the entire circumference of the penis and the P.U.D. TM one revolution only.

(Figures 13-14)

After applying the tape one revolution, spiral the rest of the tape onto the P.U.D. TM taking care not to wrap over the skin again. Gently tape the tape onto the P.U.D. TM and the skin to finish securing.

You're finished! Now let gravity do its job.

Helpful Hints

- Start slowly. Don't try to do it all in one day. The duration of your restoration process will depend on how much skin you have to start with, how much 'foreskin' you want, and how persistent and consistent you are.
- More weight is not necessarily a good idea. Choose a weight that's comfortable. Be patient. Don't hurt yourself.
- Shave or trim pubic hair short to prevent sticking to tape.
- In the beginning, fitting the P.U.D. TM might be a little clumsy. However, after a few attempts you should get the hang of it (excuse the pun).
- Tolerance to tape and/or individual skin sensitivity may affect the comfort and/or length of time an individual may use this novelty item. You may want to experiment with different tapes (cloth, paper, plastic) to find the one most compatible with your skin. If sore, rash or irritation should occur, discontinue use and see a physician.
- Applying and removing tape several times a day may increase the sensitivity to the tape and cause discomfort. You may find removing the tape in a warm/hot shower may be more comfortable.
- Possible products to consider for removal of tape residue include soap, rubbing/isopropyl alcohol, oil-based lotion, other oils (massage/baby/mineral/coconut/olive/vegetable)

Cleaning

Clean the P.U.D. TM with warm, soapy water before and after each use. You can boil the P.U.D. TM in water to sterilize. To clean the inside of the urination channel, you can purchase an 8mm brush at an art supply, kitchen supply, or home improvement store.

This Amazon merchant sells a pack of four 8mm and four 10mm cleaning brushes (US\$4.99):

Hiware Drinking Straw Brush Set, 4-piece 7.6" x 8mm Cleaner Brush for Stainless Steel Tumbler Straws and 4-piece 7.6" x 10mm Cleaning Brush for Smoothie Straws.

https://www.amazon.com/Hiware-Drinking-Stainless-Cleaning-Smoothie/dp/B01DZVRY22

Helpful Video

Restoration in Focus

A video tutorial produced by N.O.R.M.-U.K. https://foreskinrestoration.info/focus.htm

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CAUTION

- 1) DO NOT WEAR WHILE SLEEPING.
- 2) DO NOT CUT OFF CIRCULATION.
- 3) IF NUMBNESS OR PAIN OCCURS, REMOVE IMMEDIATELY!
- 4) IF MILD IRRITATION PERSISTS, OR BRUISING, PETECHIA (SMALL RED DOTS CAUSED BY SMALL BROKEN BLOOD VESSELS), EDEMA (PUFFINESS CAUSED BY EXCESS TISSUE FLUIDS), OR BLISTERS (CAUSED BY TOO MUCH VACUUM) APPEAR, TAKE A BREAK FOR A DAY OR TWO UNTIL HEALING OCCURS, OR DISCONTINUE USE.
- 5) DO NOT INSERT INTO BODY CAVITIES OR USE NEAR EYES OR EARS!
- 6) DO NOT USE WHILE JOGGING, RUNNING, EXERCISING OR DURING SPORTS AND SIMILAR ACTIVITIES!
- 7) DO NOT ALLOW OBJECT TO FALL AGAINST YOUR BODY WHILE WEARING!
- 8) THE USE OF THIS PRODUCT MAY CAUSE INJURY OR PERMANENT DAMAGE TO THE USER, ESPECIALLY IF WORN TOO LONG, WITH TOO MUCH WEIGHT, WITH TOO MUCH VACUUM OR ANY COMBINATION OF THESE! BE SURE TO GENTLY TEST YOUR TOLERANCE TO THE AMOUNT OF WEIGHT AND VACUUM YOU ARE USING. USE GOOD JUDGEMENNT, DO NOT HURT YOURSELF!
- 9) PEOPLE WITH DIABETES, REYNAUD'S SYNDROME, PERRIPHERAL VASCULAR DISEASE, OTHER MEDICAL CONDITIONS, OR SMOKERS SHOULD CONSULT THEIR PHYSICIAN BEFORE USING THIS PRODUCT!
- 10) THIS PRODUCT IS NOT RECOMMENDED FOR USE IMMEDIATELY AFTER PENILE GIRTH ENHANCEMENT SURGERY. CONSULT YOUR PHYSICIAN BEFORE USING!
- 11) POSSIBLE CHANGE IN SKIN PIGMENTATION MAY OCCUR ON THE PENIS WITH THE USE OF THIS PRODUCT!

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IMPORTANT NOTICE TO THE USER

The length of time to achieve the desire results may vary from one individual to another. The amount of time worn, the size of the penis, the amount of weight used and tissue tensile strength may all play a part in reaching your goal. Because the goals and use for this adult novelty item are controlled solely by the user, the makers and distributors of P.U.D. TM assume no responsibility for the use or abuse of this product. The potential for injury or permanent damage may exist. This adult novelty product is relatively new and data regarding long or short term use has not been established. The user shall determine the suitability of the product for his intended use and assumes all risk and liability in connection therewith. Of necessity, the author, manufacturer and distributor(s) make no guarantees concerning this product, information or techniques contained in this material or the use to which they are put. All P.U.D.'s TM are sold as an adult novelty item only and is not recommended or guaranteed for any reason whatsoever, expressed or implied. Due to the personal nature of this product, no returns, exchanges or refunds will be made. ALL SALES ARE FINAL

The P.U.D.TM TUGGER or GP kit includes:

One (1) P.U.D. device (Tugger or GP) + One eye-hook Written Instructions are available online at: https://foreskinrestoration.info/pudguide.htm

The P.U.D.TM is available in two models in the following sizes and weights:

<u>Tugger</u>: 1-1/8" x 10oz. <u>GP</u>: 1-1/8" x 12oz. 1-1/4" x 12oz. 1-1/4" x 14oz. 1-3/8" x 14oz. 1-3/8" x 18oz. (Fits most sizes)



The P.U.D.TM is manufactured by: **AMERICAN BODYCRAFTERS INC.** (www.abody.com)

View models, sizes, pricing and sales information at: https://foreskinrestoration.info/pud.htm

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